



ESSKA Advanced Knee Arthroscopy Course

ALL about Knee Ligaments

25-26 October 2018 in Watford, United Kingdom

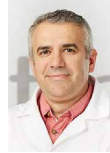


The ESSKA Advanced Knee Arthroscopy Course is designed to provide certified Orthopaedic Surgeons thorough didactic and practical training in challenging disorders of the knee from renowned ESSKA Faculty using state of the art surgical facilities.

ESSKA Faculty



Prof. Mustafa KARAHAN
Course Chairman
Acibadem Mehmet Ali
Aydinlar University
Department of Orthopaedics
Istanbul, Turkey



Ass. Dr Vladan STEVANOVIC
Institute for Orthopaedic
Surgery Banjica
School of Medicine,
University of Belgrade
Belgrade, Serbia



Pr. Dr Med. Jacques MENETREY
Hirslanden PrivateHospital
Group – Centre de Médecine
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Geneva, Switzerland



Dr Urszula ZDANOWICZ
Chief of Scientific Department
Carolina Medical Centre
Warsaw, Poland



Dr Hélder PEREIRA
Vila do Conde Hospital Centre
Ripoll y De Prado Sports Clinic
FIFA Medical Center
Povoa de Varzim, Portugal



Dr Petri SILLANPÄÄ
Chief Orthopedic Surgeon,
Specialist Knee Surgeon
Adult & Children – Pihlajalinna
Koskisairaala Hospital
Tampere, Finland

Course objectives

- understand the decision-making process involved in choosing the appropriate surgical approach in challenging disorders of the knee
- observe and practise the state of the art surgical technique
- be able to discuss the management of disorders with the ESSKA Faculty dedicated to training

Programme

Thursday, 25 October

Start	End		
07:45	08:00	Welcome and Introduction	<i>J. Menetrey</i>
08:00	08:15	Pre-course Assessment (MCQ)	<i>M. Karahan</i>
08:15	08:30	ACL + PCL + ALL Management Algorithm by Case Presentation	<i>V. Stevanovic</i>
08:30	08:45	Graft Harvest Techniques (Hamstring + Quadriceps + Patellar Tendon + Allograft)	<i>H. Pereira</i>
08:45	09:00	Anatomic ACL Reconstruction Technique	<i>U. Zdanowicz</i>
09:00	09:15	Techniques of Extra-articular Rotational Control of the Knee	<i>H. Pereira</i>
09:15	09:30	Arthroscopic PCL Reconstruction Technique	<i>V. Stevanovic</i>
09:30	09:45	Coffee break	
09:45	12:15	Lab time on ACL + PCL Reconstruction	<i>U. Zdanowicz</i>
12:15	12:30	Discussion on ACL / PCL / ALL Reconstruction	<i>U. Zdanowicz</i>
12:30	13:00	Lunch	
13:00	13:15	Posteromedial Corner Primary Repair	<i>J. Menetrey</i>
13:15	13:30	Posteromedial Corner Reconstruction	<i>M. Karahan</i>
13:30	14:30	Lab Time on Posteromedial Corner	<i>M. Karahan</i>
14:30	14:45	Discussion on Posteromedial Corner	<i>M. Karahan</i>
14:45	15:00	Patellar Instability Management Algorithm	<i>M. Karahan</i>
15:00	15:15	MPFL Reconstruction Technique	<i>P. Sillanpää</i>
15:15	15:30	Distal Realignment Technique	<i>P. Sillanpää</i>

Friday, 26 October

Start	End		
07:45	08:00	Posterolateral Corner - Primary Repair Technique	<i>J. Menetrey</i>
08:00	08:15	Posterolateral Corner Reconstruction Technique	<i>U. Zdanowicz</i>
08:15	10:00	Lab time on Patellofemoral Reconstruction Techniques	<i>P. Sillanpää</i>
10:00	11:45	Lab time on Posterolateral Corner Reconstruction	<i>J. Menetrey</i>
11:45	12:00	Discussion on Patellofemoral Instability and Posterolateral Techniques	<i>J. Menetrey</i>
12:00	12:15	Post-course Assessment (MCQ)	<i>M. Karahan</i>
12:15	12:30	Closure and Meeting Evaluation	<i>M. Karahan</i>
12:30	13:00	Lunch	

Course Venue

Smith & Nephew Expert Connect Centre

Croxley Green Business
Park Building 5, Hatters Lane
Watford, WD18 8YE
United Kingdom

Phone: +44 (0) 1923 477100

Transfers

Nearest airports are:

London Luton Airport: 30 minutes by car

London Heathrow Airport: 45 minutes by car

Ground transportation to and from London
Luton and Heathrow Airport will be arranged

Hotel Information

Holiday Inn London - Watford Junction

65-67 Clarendon Road,
Watford, WD17 1DS
United Kingdom

Phone: +44 (0) 44 1923 227274

Other details

Course Language: English

Dress Code: Business casual

Registration Fee: 500€ (upon selection)

ESSKA covers the following for selected candidates:

- travel reimbursement up to 350€
- all transfers in the United Kingdom
- accommodation - 2 nights*
- lunches and dinner

* Accommodation for the nights of 24 and 25 October is included in the registration fee.
Please request an additional night (26 October) at a discounted rate if you require one.
You will need to arrange payment for the additional night directly with the hotel or upon departure.

Contact Information

Course information, registration
and general queries

ESSKA

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Logistics - Transfer Bookings
and on-site queries

On-site Contact

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This course has been generously sponsored by our corporate partner

